

# My Full Bio

Dr. George James, LMFT (13 time TODAY Show guest) speaks, counsels, consults, coaches, and teaches people how to overcome everyday relational struggles to build successful connections in love, family, and career. With a practical approach to relationships and life, Dr. James helps bring success within reach of those he influences. He works extensively with professional athletes, entertainers, adult men & women, and young adult women and men on various issues including adulting, parenting, love life, leadership, career, and work-life balance. He is also known for his work as a media consultant.

Dr. James is CEO of [George Talks, LLC](#), a communication and consulting company. In addition, he is an Assistant Professor for the Couple and Family Therapy Program at **Thomas Jefferson University**. He is a nationally recognized speaker, seminar presenter and lecturer on various topics. George has taught, presented, spoken and consulted with multiple businesses, organizations, universities and places of faith. He has worked with clients such as Deloitte, J.P. Morgan, Google, Advertising Specialty Institute (ASI), Annie Casey Foundation, Villanova University, Princeton University, William Penn Charter School, Abington Friends School, Health Federation, NAACP (various chapters), Concilio, Delta Sigma Theta, Eastern University, Phi Beta Sigma, Arch Street Presbyterian Church and many others.

Dr. James has been a reoccurring expert guest on radio, television, and online programs including [The TODAY Show](#), [CBS Mornings](#), [CNBC](#), [Nickelodeon](#), [NBC News Now](#), [New York Times](#), [CNN](#), [Home & Family Show \(Hallmark\)](#), [Good Day LA](#), [Good Day DC](#), [Good Day Philadelphia](#), [TEDx](#), [iHeartradio](#), [Radio One](#), and many others. He is also the host of [LEAPCAST](#) podcast where he speaks to Leaders, Entertainers, Athletes & Performers. Dr. James has done extensive consulting work (including script & project review, facilitation of difficult conversations, content & resource development, advice on mental health, relationships, family, race/culture and the intersection of these topics) with companies including Paramount Global ([Nickelodeon](#) & [Nick Jr](#)), Google, Wavelength Productions and others. He has been a reoccurring contributor to Ebony magazine where he authored seven articles. He has been quoted over seven times by Philadelphia Inquirer and Philly.com. He is the co-author of "*The C.A.L.L: Inspiring Stories for Young Men about Character, Accountability, Love and Leadership.*"

Dr. James is also a member of the **CNBC Financial Wealth Council**. He was appointed to the Philadelphia Mayor's Commission on African American Males in 2017. Also, in 2017, he was awarded the BMe Genius award, and then in 2018, he received the Fun Times Magazine Man of Influence award. Later in 2018, Dr. James was invited to be a part of the BMe Public Voices Fellowship with the Op Ed Project. He was awarded the **2019 American Association of Marriage and Family Therapist's (AAMFT) Excellence in Media Award**.

He is a licensed marriage and family therapist who specializes in helping couples improve the quality of their relationships, reconcile conflicts, and overcome intense situations such as affairs, lack of communication, parenting struggles, and much more.

Dr. James is a recognized media personality, speaker, facilitator, and host on various topics. His breadth of expertise includes a particular emphasis on topics geared toward couples, men/fathers, people of color, professional athletes, actors/entertainers, musicians, college students, family-owned businesses, and media companies.

Dr. James attended Villanova University as a Presidential Scholar and majored in Psychology with a concentration in Africana Studies. He received his Masters of Family Therapy degree from Drexel University (where he also received awards in leadership and community service) and his doctorate in Clinical Psychology from Immaculata University.

***He is married to Candace who he met at Villanova and they are parents to their creative & inspiring children, Nalani & Alexander.***